GLC Masters News & Notes October 2026

1 message

Green Lake Crew <greenlake@seattle.gov> Sun, Oct 18, 2026 at 8:44 PM
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GREEN LAKE MASTERS

October 2026 Newsletter

AT THE BOATHOUSE



Note from Coach Natalie:
A Fall Full of Rowing, Racing, and Community

Fall has been anything but quiet for Green Lake! Our rowers have been busy traveling to regattas around the region, competing on new waters, bringing home medals, and making plenty of memories along the way.

At **Pink Ribbon Row**, Green Lake came away with two special additions to the boathouse: a pink stroke coach and a pink erg! That same weekend, rowers headed to **Otter Island** for a long and winding adventure (three scags lost!) that finished on a high note—with a well-earned feast.

Next, Green Lake took to the ferry for a trip to **Bainbridge Island**, where 11 boats and 38 rowers brought home medals! It was a fantastic showing and a great way to celebrate the hard work and dedication of our rowing community.

At **Tail of the Lake**, rowers had the opportunity to race on Lake Union, with a memorable finish in front of the iconic Gas Works Park—a beautiful Seattle backdrop for a day of competition.

American Lake marked another milestone as Green Lake's first away regatta, with 24 rowers participating, including four athletes from Green Lake Adaptive Rowing (GLAR). It was an exciting opportunity to get out on new water and share the experience of racing together.

With so much already behind us, the season is far from over! We're looking forward to the Erg-a-thon, Frostbite, and Head of the Lake. Here's to more meters, more medals, and more great memories on and off the water! **Go Green Lake!**

MAC Elections Coming Soon

Watch for an email later this month to cast your vote for new Masters Advisory Council (MAC) members.

Support GLC Rowing



From Sean MacCorkle, President of the Green Lake Rowing Advisory Council, a quick reminder about the Erg-a-thon and why it matters.
Our five major fundraisers keep GLC running at a high level. The three home regattas fund the equipment you use every day, and the winter auction funds most of our financial aid. The Erg-a-thon covers everything else, like boat repairs and erg replacements, all without raising fees. How you can help:

- **Participate in the Erg-a-thon on Saturday, Oct. 24.** Be an Erg-a-thon team captain or join a team. Recruit five friends, form a team of four to six, and sign up.
- **Donate or raise money.** Visit the fundraising page to see the teams participating and to donate if you can.

At the Erg-a-thon, we'll come together as ONE GREEN LAKE, with juniors, masters, adaptive, paddlers, and board members all cranking a wheel that doesn't float to keep our programs afloat. Please get involved. AND GO GREEN LAKE!

Help Out at Frostbite

We need volunteers to help with trail patrol, dock duty, and more at Green Lake's own Frostbite Regatta, coming up on Saturday, Oct. 31. No experience is needed for any of the positions. Newer-to-GLC rowers, this is a great way to find out what regattas are like and an easy way to get involved with the Green Lake Crew community.

Volunteer at Frostbite

GET SOCIAL

RSVP Now: Fall Potluck on November 7

Mark your calendars for this annual event, coming one week after Frostbite, for a chance to spend time off the water together, share a meal, and celebrate the end of a fun regatta season.

When: Saturday, November 7, arrive around 6:30 p.m.

Location: Tom's house, 13058 10th Ave NE, Seattle 98125 There is parking in the neighborhood, but it's never a bad idea to carpool.

Bring: A dish to share and/or your favorite beverage. People with food restrictions are recommended to bring what they like to eat at home and we'll all do great!

More information on how to RSVP can be found on the GLAC Events and More GroupMe.

RSVP Instructions

DISPATCH FROM WORLDS



Recently, four Green Lake rowers traveled to Slovenia to compete in the World Rowing Masters Regatta on Lake Bled. Here's a peek into their experience.

We loved the idea of an adventure to row in another country with other adults and we were not disappointed! Our goal was to travel in and around a new venue and to check out the opportunity for GLC to compete in a world-wide venue. We definitely recommend this regatta to all interested.

The first thing to consider is your expectations. The competition is fierce but fun. We picked several boat class races and made time to practice all year. We also were a part of an impromptu international 8+ that was put together on the World Rowing website. We did not get to practice together, but did very well!

There is a lot to consider here since you are traveling. You may have race cancellations, get sick, or have jetlag, so thinking about these things ahead of time will help you meet your expectations. While our expectations were to check things out this year, I know our group will have higher competitive expectations when we go again next time.

The next thing to think about is your budget for time and money. Since Green Lake does not support this effort, you would need to arrange all your races, rent boats and oars, arrange for a cox (speed coach and cox box) and figure out travel arrangements and expense all of this yourself.

We found that the chance to chat with people from all over the world was simply fun! Rowing was a common language (sort of! - our Australian coxswain called "Bow" and "Stroke" instead of "Port" and "Starboard') that we used to connect us and then chatted about travels, children, politics, etc. We exchanged shirts, shared food and drink, and made plans to row again in the future. It was inspiring and challenging.

If this is something you'd be interested in pursuing in the future, we would be happy to chat with you about it (Anne, John, Jeff and Natalie). Next year, Worlds will be in Italy and you would likely need to start planning in January. While this was an amazing adventure, it is wonderful to come home and row with our fabulous community. Happy rowing!

UPCOMING REGATTAS

Erg-a-thon Classic
📅 **Oct. 24 |** 📍 Green Lake
The Erg-a-thon is one of three major fundraiser events for Green Lake Crew (regattas and the auction are the other two). Rowers set up ergs around the Green Lake walking path to erg and raise funds for new equipment and scholarships for juniors and masters. Sign up to participate. Or just make a donation.

❄️ **Frostbite Regatta**
📅 **Oct. 31** | Green Lake boathouse
A fun, fall regatta hosted by us! Open to all levels. Sign up in iCrew (click Today, scroll down) by Wednesday, Oct. 23. **Participants,** pay for your regatta. Volunteers needed!

🟣 **Head of the Lake**
📅 **Nov. 1** | 📍 University of Washington boathouse
A head race hosted by UW. Open to Level 3 and 4 rowers only. **Participants,** pay for your regatta!

GO GREEN LAKE!

GroupMe Group Links: Join for Class Videos and Message with Teammates

Regatta 101 and FAQs	GLC Handbook	Enroll in Classes

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